

Current MasterStroke Project Wish List

- Blood Pressure Monitors (digital, electronic etc.)
- Heart Rate Monitors
- Any Activity trackers (such as pedometers, Fitbit products or similar)
- Wheel Chairs
- Physical Therapy Equipment and Supplies
- Orthopedic Braces and Supports (Foot, Elbows, Back, Knee, Wrist)
- Hand/Finger Wrist Weights for Hand Therapy and Hand Exercise
- Ankle and Wrist Weight - 0.25 lb. - 5 lb.
- Stress (Squeeze) Balls
- Any easy to use home Exercise Equipment's
- Exercise and Balance Products such as Bosu Balls, Exercise Balls, foam rollers
- Pedal Exercisers equipments for lower and upper body workouts
- Exercise Cards (Such as WorkoutLab - <http://workoutlabs.com/exercise-cards/>)
- Stroke Rehabilitation Guides (Books, pamphlets etc.), Hard copies

Using our wish list, you can:

1. Order and send/ship/post (mail) to us directly, one or more items on our list
2. On our behalf, coordinate a donation drive and send/ship/post (mail) the items to us directly.

Items must be in good condition (not broken, blemished, worn-out, covered in dirt or have an odorous smell). If you are interested, contact us by email at info@achafoundation.com for more information around shipping to our country location. Unfortunately, we do not cover shipping and/or postal cost. Want to learn more?

Contact us by email at info@achafoundation.com for more information around shipping to our country location

On behalf of our team, thank you for supporting the MasterStroke project and Acha Memorial Foundation.

Sincerely,



MacDonald Oguike
Co-founder Acha Memorial Foundation

